

At Your Worst

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Carole Gourvellec (FR) - January 2024

Music: At Your Worst - Calum Scott



[1 - 8] Step Lock, Step Lock Step X2

- 1 – 2 Step fwd on R, Lock LF behind R
- 3&4 Step fwd on R, Lock LF behind R, Step fwd on R
- 5 – 6 Step fwd on L, Lock RF behind L
- 7&8 Step fwd on L, Lock RF behind L, Step fwd on L

[1 - 8] Step ½ Turn, Step ¼ Turn , Jazz Box ¼ Turn

- 1 – 2 Step R Fwd, ½ Turn L
- 3 – 4 Step R Fwd, ¼ Turn L
- 5 – 6 Cross R over L, Step back on L ¼ Turn
- 7 – 8 Step R to R Side, Step LF Forward

[1 - 8] Side Shuffle, Side Shuffle ¼ Turn, Cross Rock, Shuffle ¼ Turn

- 1&2 Step RF to R, Step LF next to RF, Step RF to R
- 3&4 Make ¼ turn L stepping LF to L, Step RF next to LF, Step LF to L
- 5 – 6 Cross R over L, Recover on L
- 7&8 ¼ Turn R Step R Forward, Step L Beside R, Step R Forward

[1 - 8] Cross Rock, Side Rock, Sailor ¼ Turn, Step ½ Turn

- 1 – 2 Cross L over R, Recover on R
 - 3 – 4 Step L to Lside, Recover on R
 - 5&6 Cross LF behind R , Make ¼ Turn L Stepping RF next to RF, Step LF Forward
 - 7 – 8 Step RF fwd, ½ Turn L
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