No War No Cry (H.O.T 26)

Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Colin Ghys (BEL), Raymond Sarlemijn (NL) & Ivonne Verhagen (NL) - April 2026

Music: No War No Cry - Ooo-RJ-ooO

Intro: 16 Counts, Start at approx 8 secs (on words “In the shadow”)

ORDER OF THE DANCE:
Tag 1 at the end of wall 4 / Restart after 16 counts in wall 7 / Tag 2 at the end of wall 9

SEC 1 SIDE ROCKSTEP, SAILOR 1/2 RIGHT, ROCKSTEP, SHUFFLE 1/2 LEFT

1-2	Rock RF side, Recover on LF
3&4	¼ turn right & Cross RF behind LF, step LF to the left side, ¼ tun right & step RF forward (6:00)
5-6	Rock LF forward, Recover on RF
7&8	¼ turn left & step LF side, close RF to LF, ¼ turn left & step LF forward (12:00)

SEC 2 DOROTHY STEP RIGHT & LEFT, KICK & OUT & IN, KNEE POP

1-2&	Step right forward to right diagonal, lock left behind right, step right forward to right diagonal (lift right hand)
3-4&	Step left forward to left diagonal, lock right behind left, step left forward to left diagonal (lift left hand)
5&6	Kick RF forward, Step RF out, step LF out (drop hands)
&7&8	Step RF centre, Step LF close to RF, Pop both knees forward while lifting your heels

****RESTART HERE IN WALL 7**

SEC 3 STEP BACK, BACK, COASTER STEP, STEP, ¼ LEFT WITH HITCH, CROSS, ¼ LEFT

1-2	Step RF back, Step LF back
3&4	Step right back, step left beside right, step right forward
5-6	Step left forward, turn ¼ left & Hitch right knee (9:00)
7-8	Cross RF over LF, ¼ turn right & step LF back (12:00)

SEC 4 ¼ RIGHT, POINT SIDE, ROLLING VINE LEFT, SYNCOPATED JAZZ BOX CROSS

1-2	¼ turn right & step RF side, Point LF left to the side (15:00)
3-4	¼ turn left & LF step forward (6:00), ½ turn left & RF step back (12:00)
5-6	¼ left & LF step side, cross RF over LF (15:00)
7&8	Step LF back, step on ball of RF slightly back, cross LF over RF

****TAG 1 AT THE END OF WALL 4**
NO WAR SIGN

1-4	Step out on RF (bend knees) & Cross both arms over chest (symbolizing “No War”).

****TAG 2 AT THE END OF WALL 9**
PIVOT ½ TURN LEFT, STEP FORWARD, CLOSE & HOLD 4 COUNTS & SOLDIER SALUTE

1-4	Step RF forward, ½ turn left, weight on LF, step RF, step LF
5-8	Hold 4 counts & Right hand to forehead in a soldier-style salute, Left hand in your back

NO WAR SIGN

1-4	Step out on RF (bend knees) & Cross both arms over chest (symbolizing “No War”).

PIVOT ½ TURN LEFT, STEP FORWARD, CLOSE & HOLD 4 COUNTS & SOLDIER SALUTE

1-4	Step RF forward, ½ turn left, weight on LF, step RF, step LF
5-8	Hold 4 counts & Right hand to forehead in a soldier-style salute, left hand in your back

Ending : During last wall go until the end of dorothys during section2 & add a step ½ turn over left shoulder to

face the front wall with your NO WAR SIGN

We created this dance especially for the Heart of Texas (H.O.T) 2026 event, organized by the incredible Nikki Simpson & Partners

Last Update: 22 Apr 2026
