

# Soul-Stirring

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**Description :** 32 temps, 4 murs, Novice Cha Cha, Avril 2021

**Musique :** Beautiful Girls – Roman Alexander



## **S1: Cha Cha Time Steps, Slow Walks Fwd, Mambo 1/4 Turn**

- 1-2& RF step side, LF step together, RF step in place
- 3-4& LF step side, RF step together, LF step in place
- 5-6-7 RF step forward, LF step forward, RF step forward
- 8&1 LF rock forward, recover on RF, 1/4 turn L & LF step side (9:00)

## **S2: Cross Rock/Recover, Chasse, Cross, Side, Sailor Step/Sway**

- 2-3 RF rock across LF, recover on LF
- 4&5 RF step side, LF close next to RF, RF step side
- 6-7 LF cross over RF, RF step side
- 8&1 LF cross behind RF, RF step side, LF step side & sway hip L

## **S3: Sways R-L, Cross Mambo, Side, Cross, Back, Step-Lock-Step Bwd**

- 2-3 Sway hip R, sway hip L
- 4&5 RF rock across LF, recover on LF, RF step side
- 6-7 LF cross over RF, RF step back
- 8&1 LF step back, RF lock in front of LF, LF step back

## **S4: Back Rock/Recover, 1/2 Back, Big Step Back, Drag, Together, Step-Lock-Step**

- 2-3 RF rock back, recover on LF
- 4-5 1/2 turn L & RF step back, LF big step back (3:00)
- 6& Drag RF towards LF, RF close next to LF
- 7&8 LF step forward, RF lock behind LF, LF step forward

**Start again & have fun.**

**Restarts: –**

**\*In wall 3 after 12& counts you add following steps before restarting the dance**

**Sways R-L-R-L**

- 5-6-7-8 RF step side & sway R, sway L, sway R, sway L

**\*In wall 7 after 12& counts restart the dance**

(23)