

Bare Essentials

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Tiziana Nastasi – 18 September 2018

Music: Bare Essentials by Lee Kernaghan



GRAPEVINE, SIDE TOGETHER TO LEFT, SIDE TOGETHER TO RIGHT

- 1-2-3-4 Step right to side, step left behind right, step right to side, touch left next to right
5-6 Step left side, touch right next to left
7-8 Step right side, touch left next to right

GRAPEVINE & ¼ TURN, SCUFF, ROCKINCHAIR

- 1-2-3-4 Step left to side, step right behind left, ¼ turn & step left forward, scuff right
5-6-7-8 Step right forward, recover, step right back, recover

TOE STRUT X 4

- 1-2 Step right toe forward, drop right heel to the floor
3-4 Step left toe forward, drop left heel to the floor
5-6 Step right toe forward, drop right heel to the floor
7-8 Step left toe forward, drop left heel to the floor

STOMP-HOLD X 2, POINT FORWARD-SIDE-BEHIND, SCUFF

- 1-2 Stomp right to side, hold
3-4 Stomp left to side, hold (weight to left)
5-6 Point right forward, point right to the right side,
7-8 Point right behind the left foot, scuff right diagonal

REPEAT

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