# Midland Cha



Count: 32 Wall: 4 Level: Beginner +

Choreographer: Tina Argyle – January 2019

Music: Put The Hurt On Me by Midland - single download (also on Let It Roll Album



#### No Tags No Re-Starts

## Count In: 32 counts from start of track approx 19 seconds in

### Side Together Forward, L Shuffle Back.Rock Back, Recover, Shuffle Forward

1,2,3 Step R to right side, close L at side of R, step forward R

4&5 Step back L, close R at side of L, step back L

6-7 Rock back R, recover weight onto L

8&1 Step forward R, close L at side of R, step forward R

## Step 1/4 Turn, Cross Shuffle. Side Rock Recover, Cross, Side, Cross Rock

2 -3 Step forward L, make ¼ turn right onto R (3 o'clock) 4&5 Cross L over R, step R to right side, cross L over R

6 -7 Rock R to right side, recover weight onto L

8 &1 Cross R over L, step L to left side, Cross rock R over L

### Recover, Step Side. Samba Step. Cross, Side, Sailor 1/4 Turn

2 -3 Recover weight back onto L, Step R to right side4 &5 Cross L over R, Step R in place, Step L to left side

6 -7 Cross R over L, Step L to left side

8 &1 Make¼ turn right stepping back R, step L at side of R, Step R in place (6 o'clock)

#### Skate Forward x2. Shuffle. ½ Pivot Turn ¼ Chasse

2 -3 Skate forward L then R

4 &5
Step forward L, Close R at side of L, Step forward L
6 -7
Step forward R, Make ½ turn left onto L (12 o'clock)

8& Make ¼ turn R stepping R to right side, Close L at side of R (9 o'clock)

(1) Step R to right side to start the dance again

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